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Dysart candidates square off

CHAD INGRAM

Staff Reporter

Residents packed the great hall at the Fleming College Haliburton campus to standing-room-only capacity on Oct. 4 to hear from those vying for seats on the next Dysart et al council.

The all-candidates meeting was organized by the county's media outlets and moderated by Sue Shikaze.

In a race garnering attention from across the county, current Deputy Mayor Andrea Roberts is competing against longtime Mayor Murray Fearrey for head of council.

"I want to be your next mayor of Dysart," Roberts told the room. "I put my name on the ballot because I have 12 years' experience on council, the last four as deputy, and I am prepared to be mayor."

Roberts said she would facilitate a team approach on council, search for new ways of doing business, create a goal-oriented strategic plan for the township, hold a goal-setting session to determine the priorities of council for the next term, and increase dialogue in the municipality by holding town hall-style public meetings.

"Anything is possible if we work together in an open, honest and transparent way," Roberts said. "Dysart is ready

see CANDIDATES page 4



More than 200 people attended the all-candidates meeting for Dysart et al on Thursday, Oct. 4 at Fleming College Haliburton campus. Representatives answered questions pertaining to accessibility, housing, recreation, education and employment during the evening event. The election will be held Oct. 22./DARREN LUM Staff

Wilberforce and Gooderham LCBOs lose a day in winter

SUE TIFFIN

Staff Reporter

Premier Doug Ford will be hearing from Highlands East about the LCBO's decision to reduce the hours at their Wilberforce and Gooderham locations over the winter.

Highlands East resident Linda Nottage brought the matter to council at an Oct. 3

meeting, after she learned that the Gooderham LCBO will be closed on Mondays while the Wilberforce LCBO will be closed on Tuesdays during the winter season as of this week.

"As we are all aware," she wrote in her request for a delegation, "this move will only serve to direct customers from our communities to travel to the large areas of either Haliburton and/or Bancroft to pursue their shopping requirements, and

then also to continue to shop in these outside areas for groceries, hardware needs and indulge at out of town restaurants."

Nottage wrote that, "the LCBO needs to be made aware of the devastating effect that a closing day poses to our community," and requested that council submit a letter on behalf of the township to the LCBO, asking them to reconsider their

see REDUCED page 16

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New Fleming College president tours Haliburton campus

Maureen Adamson, Fleming College's new president, visited Haliburton School of Art + Design on Thursday, Oct. 4. She met with staff and discussed their needs and goals, was given a tour of the sculpture forest and attended a meet and greet with the community. From left, former HSAD dean Barb Bolin, Adamson, and current HSAD dean Sandra Dupret chat in the great hall. Adamson was most recently the deputy minister of tourism, culture, and sport for the government of Ontario, but has held many posts in several sectors. She is the first woman to become president of Fleming College. She is also the first alumna and first person originally from Peterborough to do so. /JENN WATT Staff

Driver flees following collision on Hwy 118

Bancroft OPP had to track down a Highlands East man following a car accident on Highway 118.

According to police, the call came in on Tuesday, Oct. 2 that two cars were in a collision in Highlands East. When police arrived on scene, they were told one of the drivers had fled into the woods.

With the assistance of the canine unit and emergency

response team, the police found the man a short time later.

A 33-year-old man from Highlands East was charged with obstructing a peace officer, taking a motor vehicle without consent, and failing to stop at the scene of an accident. He was released on a promise to appear at the Ontario Court of Justice in Bancroft on Oct. 30.

Recreation facility gets candidate endorsement

JENN WATT

Editor

For many years, Haliburton County residents have been asking for a recreation facility including a pool, which would provide exercise opportunities year round for a wide range of abilities and age groups.

Proponents of the pool/rec centre argued that people are leaving the county to visit pools in other communities, spending their dollars elsewhere. They've also argued that the lack of such facilities is a deterrent to prospective newcomers, especially those with young families.

Last week, incumbent mayoral candidate Murray Fearrey launched a video that detailed his vision for a recreation facility on a 65-acre property on the Harburn Road near the cemetery just outside of Haliburton village.

"If there's ever been a time as a municipality to develop a comprehensive recreation centre, the time is now. I know the future of this incredible community depends on the many young families who call Dysart home to have their needs taken care of in this regard," Fearrey says in the video, which features images of children swimming, people jogging on treadmills and what look like conceptual plans with multiple buildings and ample parking.

At the all-candidates meeting on Thursday at Fleming College in Haliburton, candidates were asked about their views on a pool as well as providing recreation for seniors. Many candidates supported a recreation facility and others said they were willing to engage in a feasibility study.

Fearrey's opponent in the mayoral race, current Deputy Mayor Andrea Roberts, said building a pool would need the support of the county or another municipality.

"So as much as swimming is my ultimate favourite thing to do and I think it's absolutely valuable for this community, we need to go back to the drawing board to see if it's feasible. I think that it can't be on any one municipality, it would have to be either at a county level or in collaboration with another municipality to build a facility like that," she said.

Later in the meeting, when the topic of seniors recreation came up, Roberts said she wanted to see the upstairs level of the arena renovated to improve accessibility.

"Not necessarily a new construction of a seniors centre, but I did propose in this year's budget to put in \$60,000 to a reserve to upgrade the upstairs of the arena. I think that's a very under-utilized space and we have a great recreation department," she said, adding programming for seniors could take place in a newly revamped arena space.

Fearrey told the audience it is time to take a serious look at a recreation centre.

"Definitely we need to go back and re-examine the cost of the pool. Four years have gone by [and] there doesn't seem to be an appetite ... at the county level. If we can lead the way, there's a lot of people out here who really want this and there's a lot of people [who] are afraid of what it's going to cost. I've never been known to put policies in place that cost people more than they can afford and make it unattainable. We need a business plan. But I'm all in favour of looking into it and I think we need it."

Both deputy mayor candidates said they were up for

see TWO page 3

Andrea Roberts for Mayor



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Deputy mayor candidates willing to look at business case for pool

from page 2

re-examining the business case for a pool or recreation centre.

"I'd be willing to look at any options that present a business case that is sustainable and whether it's at the local level or the county level I think we need to take a hard, long look at it. And [I'm] more than willing to endorse and move forward with the initiative," deputy mayor candidate Patrick Kennedy said.

Dennis Casey, also running for deputy mayor, said his bookkeeping background led him to think it won't work financially, but said: "I'm prepared, like Pat, to sit down and go through some sort of ... business plan and see if it's viable."

Ward 1 candidates Bram Lebo and Nancy Wood-Roberts, the incumbent, said they supported a pool. Lebo said it was hard to argue the municipality can't afford it when costing hadn't happened.

Wood-Roberts said if it's financially sustainable, she was "all for it."

In the discussion about a seniors centre, Lebo added a rec centre should be in the downtown and could include space for meeting rooms, auditorium and a daycare facility.

Ward 4 candidate John Smith said he has served on a committee of management for pools in the GTA and thought they could be affordable. He said they had the ability to attract young professionals to a community. "I'd sure like to look really hard at finding a way at getting this thing delivered," he said.

When the question about seniors recreation came up, he said the community centres that exist should be better used. "We're not utilizing facilities that we've already bought and paid for. And we have seniors not just in the downtown area of Haliburton Village ... Let's make use of these things."

Ward 2 candidate David McKay said he supported a swimming pool/recreation centre. He said he has a background with minor hockey, but fewer people are signing up for the sport. A swimming pool complex would offer opportunity for the whole population, he said.

Ward 5 candidate Glenn Scott said he would support looking into the business case and wondered if a partnership would help. "Why can we not look at possibly partnering with a large camp or something like that?"



A thirst for knowledge

J. Douglas Hodgson Elementary School students learn how to forecast weather at the Haliburton-Muskoka-Kawartha Children's Water Festival on Tuesday, Oct. 2 at the Kinark Outdoor Centre in Minden. Nearly 1,200 students attended the event, which had 52 interactive activity centres exploring various aspects of water including conservation, attitudes, technology, protection and science. The festival was offered over two days for students from grades 4 to 6 from schools in the Trillium Lakelands District School Board. The festival runs with the help of volunteers and students and is a project of Friends of Ecological and Environmental Learning (FEEL). /DARREN LUM Staff

Left, a presenter with the Ontario Turtle Conservation Centre holds up 35-year-old "Rusty" the wood turtle, who lost his legs to a raccoon. The turtle activity centres taught children that turtles can breathe through their "butts" while they hibernate, buried in the mud at the bottom of a body of water.

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Candidates tackle youth retention question

from page 1

for change, and I'm asking for your support ... on Oct. 22."

"I'm delighted to seek re-election as mayor," Fearrey told attendees. "I feel I have a good grasp of the community and the issues facing youth, young families, businesses, seniors and seasonal residents. Previous councils and I have anticipated and responded well to change, which has resulted in a new hospital, medical centre, library, Fleming College, skateboard park, arena retrofit and new, growing businesses."

"As you consider your choices in the upcoming election, I will ask you to consider my leadership skills, experience, vision and proven track record that I can embrace change," Fearrey said.

Current Dysart Ward 2 Councillor Dennis Casey and former Haliburton County EMS director Pat Kennedy are each hoping to become Dysart's next deputy mayor.

Kennedy, a board member of the Haliburton County Development Corporation, explained his daughters are now raising their families in the community.

"I understand the challenges young families face, from daycare shortages to the high cost of living, the lack of housing options we have, and limited recreation opportunities," he said.

Kennedy cited his experience as the county's EMS director.

"I'm very familiar with budgeting and planning at the county level," he said, adding he has a track record of achieving goals, referring to the expansion and modernization of the county's ambulance program, and the county's public access defibrillator program, instituted during his tenure.

"I'm ready to put my proven leadership and managerial skills to work for you, and I'm ready to tackle the issues and challenges before us with ... balancing fiscal responsibility and sound judgment," Kennedy said.

"Being a good leader is not just about one's opinion or stance on any given issue," Casey told the room. "It's about good attributes, characteristics, qualities that contribute to the short-term and long-term well-being of our community."

"With my years of strong leadership on council, I have built good, solid relationships, I'm a strong team player, and I'm approachable," Casey said, adding he was committed to being accessible, clear and concise, and to the development of the community.

Casey referenced his financial background and ability to understand long-term budgetary and taxation consequences.

"Last but not least, I've always come prepared to meetings, to discuss and provide leadership, in making good, solid decisions," he said. "And I make good, solid decisions because I do my homework. My time at council has always demonstrated my preparation by on-site visitations, by research, by reading background materials, and I don't just attend meetings. I'm your next deputy mayor."

In Ward 1, Bram Lebo, owner of *The Highlander* newspaper, is vying to unseat incumbent Councillor Nancy Wood-Roberts.

Lebo referenced the numerous challenges facing the municipality, including housing, a labour shortage, low-wage economy and waste management.

"To solve these problems, we have to plan, and yet, there is no plan," he said. "Ask our current council where we'll be in 20 years and often, there's just no answer, and that's just not good enough. How can you get where you're going, if you don't know where you're going? You don't sail across the sea without a map, and you don't build a house without plans. And you can't say you have values, unless you're prepared to make decisions that match those values."

Wood-Roberts spoke of her experience on council.

"I'm a lifelong resident of Dysart, of Ward 1," she said. "I've represented Ward 1 for the last four years, and previous to that, I did six years, from 1998 to 2003. I enjoyed the challenge of that."

A registered nurse with Haliburton Highlands Health Services, Wood-Roberts explained that for the past four years, she's been taking her shifts on weekends, to make way for committee meetings and other council activities during the week.

She's been a member of numerous committees, including for Glebe Park and the museum, the Aging Well Committee, the BIA, and the public planning committee.

"I've truly enjoyed all of these committees," Wood-Roberts said, "All of the individuals work very hard to better our community."

Ward 2 has three candidates, with Mike Stinson, Dave McKay and Larry Clarke putting their names on the ballot.



Mayoral candidate and current Deputy Mayor Andrea Roberts answers a question with current Mayor Murray Fearrey looking on at the all-candidates meeting for Dysart on Thursday, Oct. 4 at Fleming College Haliburton campus. Candidates also answered questions pertaining to accessibility, housing, recreation, employment and education during the evening event, which drew more than 200 people to the great hall. /DARREN LUM Staff

Among other career ventures, Stinson is a former member of the fire department, and was an employee of the Dysart roads department for nearly 30 years.

"So, I do know a few roads," Stinson said. "I'd love to fix the roads, if possible, and that's part of my platform."

He also said more resources are required for the municipality's mandatory septic inspection program.

"We have to hire more people to get it done, because some of the lakes won't be done until 2025," Stinson said.

It's time for new ideas that will benefit of the municipality, said McKay, who's worked in construction and the trades, been a member of the fire department, and sat on provincial boards for minor hockey. This "requires the implementation of proactive thinking, rather than a reactionary approach to contemporary issues. We need to reach out and find opportunities for sustainable growth and prosperity."

Clarke spent a career in project management for government and financial institutions, and served on Minden Hills council from 2010 to 2014.

Clarke said municipal elections allow for discussion of issues and opportunities for the community.

"An example of this is a ... community that is supportive of young families and seniors," Clarke said. "We need affordable housing options in the village and community resources that will help such things as childcare and recreation. To accomplish this we need an inventory of buildings and property to determine options and partnerships for affordable housing."

In Ward 3, Cindy Baumhour is running against incumbent Councillor Tammy Donaldson.

Donaldson owns and operates a tourism business with her husband.

"As I own commercial, rural, residential and waterfront property in Dysart ... I've got everybody's best interest with that," she said.

Sitting on various committees, Donaldson was recently honoured for 25 years of volunteerism, including with the Ontario Therapeutic Riding Association.

Also working in the tourism industry, Baumhour has volunteered for decades with recreation committees, minor hockey and is currently treasurer for the Harcourt Community Centre committee.

"I decided to run for councillor because it was just another step in the direction of my community involvement, and one of the things that's very important to me is the environment, and the quality of the water."

“

I've struggled to make a decent wage for my family. I've struggled to find decent jobs for my family.

— Audience member at Dysart et al all-candidates meeting

Ward 4 candidates are Aaron Walker and John Smith.

An owner of McKecks Tap and Grill, Walker is a past director with the Haliburton Highlands Chamber of Commerce and is the community development co-ordinator for Food for Kids.

"I believe that seasonal residents in Dysart deserve better representation at a municipal level, and I believe that local residents need representation from somebody like me, with deep roots within the community, to best understand what's going on," Walker said.

He cited issues such as youth retention and affordable housing as challenges facing the community.

"I have the innovation, the vision and the hard work to ensure the prosperity of this community moving forward," Walker said.

Smith, who served on various boards and committees in the GTA and was also a trustee with the Etobicoke Board of Education, is a director with the board of the Kennisis Lake Cottage Owners' Association and is chairman of the community advisory committee at HHHS.

"Tonight, I'd like to talk about the type of councillor I'd be," Smith told the room. "People who know me speak of my commitment and passion, as demonstrated by my having knocked on over 1,600 doors around Ward 4 since early July."

Smith said he'd be committed to holding twice-per-year, town hall-style meetings at the West Guilford Community Centre.

"You can expect to hear from me prior to decisions being made by council," he said, adding, "that may be me knocking on ward doors, or distributing flyers, to make you aware of something before the decision actually gets made."

In Ward 5, Glenn Scott is contesting incumbent Councillor Walt McKechnie.

"For the past eight years, I've had the privilege to be your voice on council in Ward 5," McKechnie said. "Over those years, many concerns have been brought to my attention, and I've tried my best to get your concerns to the proper departments so they could be fixed."

McKechnie cited water quality as one of the major concerns in the ward, pointing to the municipality's mandatory septic inspection program.

"Anybody fertilizing their lawns should be stopping," he said, adding that other priorities for the ward included road maintenance and improved cell and internet service.

Scott retired about a year ago from an engineering career with Hydro One and is president of the Haliburton Lake Cottagers' Association.

"What do I bring to table?" Scott said. "I bring a new perspective, new ideas, I bring experience in planning, teamwork, decision-making, problem-solving; I bring a set of skills that any council would be complemented with. I bring a lot of energy."

Scott has created a document he's calling a list of expectations for the Ward 5 councillor.

"What I'm going to do over the next four years, is I'm going to execute against these expectations," he said.

On youth retention

"I've struggled to make a decent wage for my family, I've struggled to find decent jobs for my family," one longtime resident of the municipality told candidates, asking what they would do create more and better-paying jobs in Dysart, in order to retain young people.

Smith noted there'd been a spike in the number of building permits in the past year.

"So there's jobs in the building industry that aren't being filled," he said. "But I think the primary reason we can't get young people to stay in our community is a lack of housing."

Smith suggested a building summit that would bring together builders, developers and investors, in order to

Philosophy of leadership explored by Fearrey, Roberts



Mayor Murray Fearrey stands up to talk about who he is and what he wants to do if re-elected to start the all-candidates meeting for Dysart on Thursday, Oct. 4 at Fleming College./DARREN LUM Staff

from page 4

construct a small apartment building. "I actually do not think there is a lack of quality jobs in this community, there is a lack of connecting with those jobs," Walker said. He agreed that a lack of housing was the biggest problem in finding young people to fill some of those jobs, and in the short term suggested better connection with youth through the chamber of commerce and high school with enhanced co-op and apprenticeship programs.

In the long term, Walker suggested including "inclusionary zoning" in the official plan in order to facilitate more affordable housing.

McKechnie also agreed that housing was an issue, "But I also think what needs to happen, and I've talked about it a lot, is an addition on this beautiful complex here, where we have a trades [school]," he said, adding this would allow local young people to be trained as plumbers, electricians, etc.

"I think I would like to see us continue with the various youth programs we've got in trying to attract the youth out of the school system," Scott said, adding that affordable housing in the area would help young people to fill some of the job openings that do currently exist in the community.

Fearrey, who said he'd spoken to someone at the college's employment centre earlier in the day, agreed that there are jobs to be had in Dysart.

"The lady said they'd never had as many good-paying jobs at the employment centre as they have right now," Fearrey said. "So the jobs are here, but the people can't be connected with them because they're not trained for them."

Fearrey said more trades education should be taking place at Haliburton Highlands Secondary School, for starters.

Roberts pointed to a video recently released by the Haliburton County Home Builders Association, indicating there are a number of good-paying jobs in the local

construction industry.

She noted two of her three daughters had gone away to school and returned to find jobs locally.

"But they had to know what jobs were suited to here," Roberts said. "So, I think educating our students that are here, on what the jobs are here in Haliburton [is necessary]."

Casey referred to a meeting of young people who'd been working in Haliburton for the summer.

"They met and talked about their experience in Haliburton, here in the village, and every one of them said the issue was housing," he said. "They couldn't find a place to stay, nobody would rent to them short-term, and so on."

Kennedy said he'd been at an open house at the college earlier that day and spoke to the school's new president.

"They could offer 130 courses here," Kennedy said, explaining he'd encouraged the college to offer some of the technical and trades programs it offers at its Peterborough campus at the arts-based Haliburton campus.

Lebo agreed there was a mismatch between people being unable to find jobs, and other positions going unfilled.

"One thing that might be very helpful to us is to stop putting all our eggs in the tourism basket," Lebo said, "and focus on jobs and businesses that create a year-round economy. We might have to attract them one, or three, at a time."

Both Lebo and Wood-Roberts agreed that housing was a central issue related to the community's employment challenges, and supported the idea of a trades school.

"We need to increase our high-speed internet," Wood-Roberts said. "A lot of people are more than capable of working from home and living and enjoying our community. Again, the trades, very, very important. A lot of kids want to stay here, but they have to go away to school."

Clarke said training and apprenticeship opportunities need to be improved.

"A lot of construction companies have great difficulty in terms of running

apprenticeship programs," Clarke said, adding that issues with provincial regulations and training permits needed to be addressed. "If that can be addressed, then we support good, quality training through the college, here," he said.

McKay agreed that housing and training were both hurdles to solving some of Dysart's employment problems. He said more recreational opportunities were needed to keep young families in the community.

"When you have young children, and there's nothing for them to do, the first thing that comes to mind, is they want out," he said. "They return, but they don't stay."

Stinson agreed with Fearrey that more trades training needed to be re-introduced at the high school.

"When I went to school here, the high school contained trades programs – electrical, automotive, woodworking – and everything," he said. "Then the trades people would come and visit us, and the students could apply to those trades people to get the points. We should have the same thing at the school again."

Baumhour agreed that setting up a trades school at the college was a logical step, and agreed that housing and employment go hand in hand.

"If they don't have a place to live, they won't move to this area," she said.

Donaldson said succession planning could help more local young people become employed by taking over area businesses.

"There are a lot of good businesses in this area and succession planning and pairing students coming out of high school or coming back from being educated and pairing them with businesses, that are already here and successful, but

the people are retiring," she said.

On leadership

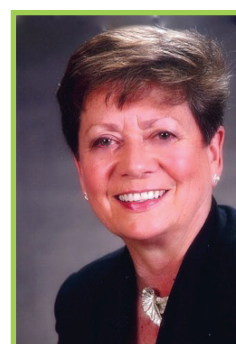
One resident asked Fearrey and Roberts for their philosophies of leadership, and asked Fearrey about dealing with the inherent pitfalls of being in office for such a long time. Fearrey has been on council some 45 years, and been mayor (previously the title was reeve) for some 35 years.

"First of all, leadership is about the team, and having the co-operation of council," Fearrey said, adding that in the decades he's been leading council, few councillors who've served with him have lost bids for re-election.

Fearrey said leadership requires ideas. "You need to have ideas," he said, "councillors need to bring ideas forward. Just going about the regulations, going about the formality of just going to a council meeting and saying 'yea' or 'nay,' I'm sorry that's not good enough. If you really want to show leadership you get the whole team involved, and buy into what's good for the community."

"Philosophy of leadership, first of all, I would say it means being inclusive, it means being a good listener," Roberts said. "It means being able to get consensus when you might not necessarily have consensus. So there will be times when you do have to ... be the final decision-maker, but there are other times when I really believe it's important to listen to the rest of council. There's going to be six other people at that table and I believe that listening to what they have to say, to be able to make the decision."

A recording of the full candidates meeting is available on the Canoe FM website.



THE BOARD OF DIRECTORS OF THE C.H.A. IS THRILLED TO ANNOUNCE THAT JEANNE ANTHON IS JOINING THE BOARD.

Jeanne has a long history with lake associations including as President (4 yrs) of Federation of Ontario Cottagers Associations (FOCA) and Director of Mountain Lake Property Owners' Assoc. She is currently a Councilor Minden Hills (MH) Municipal Government and represents MH on numerous committees

including Ulinks, Haliburton County Transportation Committee, MH Planning and Development Advisory Committee, MH Economic Development Advisory Committee, MH Mandatory Septic Inspection Task Force and a member of several community committees including: The Rotary Club of Minden (26 yrs).

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- **Grant Review Team member Haliburton- Trillium Foundation**
- **Founding member of Haliburton Stewardship Council**
- **Founding member of Haliburton Land Trust Committee**
- **Governor of Canadian Coalition on Acid Rain**

Anthon was named Highlander of the Year in 2004.

The C.H.A. brings together all of the lake associations in the County and is focused on protecting the health of our lakes.

Arlene Stiles asks mayoral candidates Andrea Roberts and Murray Fearrey what their leadership styles will be if elected. Candidates also answered questions pertaining to accessibility, housing, recreation, education and employment during the evening event, which drew more than 200 people to the great hall. The election is Oct. 22./DARREN LUM Staff



points of view



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Published by White Pine Media Corp



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Forever in our memories: Creighton Feir

Building Dysart

WE DON'T HAVE enough sidewalks, they're blocked in the winter and in disrepair in places. Deer and turkeys are overrunning the village. Fireworks are too frequent, loud and pollute our environment. The downtown isn't accessible. Young people aren't being presented with the right employment opportunities. Housing is among the top concerns and is potentially the key to community improvement.

These were among some of the topics raised at the Dysart et al all-candidates meeting last week by members of the public, who asked the 15 potential councillors, deputy mayors and mayors to give their views.

The all-candidates meeting was incredibly popular, with people spilling out of the Great Hall at Fleming College in Haliburton into the front lobby and down the hallway. The audience was respectful. The candidates were respectful.

And good ideas were discussed.

For the details of the meeting, make sure you read Chad Ingram's article in this week's paper.

For those who remember the last election cycle, the marked difference this time was candidates' willingness to commit to an investment in community infrastructure. There is an understanding that a big project needs to happen in order to build Haliburton and ensure it's appealing to a range of people.

Unlike other years when candidates shifted nervously in their chairs at the mention of a pool, on Thursday, there wasn't anyone on stage who flat-out rejected the idea that major dollars needed to be invested in creating a place for people to gather.

There were differences in the scope and scale. Some wanted to see more

use of current facilities and investment in upgrading them. Others had sweeping plans for new buildings. The more conservative said they were open to the concept, but needed to see the business plans.

The skate park, opened this year, was a clear success for council and the community and has demonstrated how much people were yearning for a place to go. Before it was even officially unveiled, kids and teenagers were already zipping up, down and all around that part of town on skateboards and bikes. And many months later, they still flock there daily.

That same desire is present in the rest of the community and the politicians (current and soon-to-be) are feeling it.

The election isn't the time to nail down detailed plans; it's the time to imagine what our community can achieve. Most candidates on the stage last week understood that it's time for new spaces to be created for the residents of Dysart et al.

Voting is underway in Haliburton County, and in Dysart et al, it's through mail-in ballot. Those ballots can also be hand-delivered to the municipal office. Election Day is Monday, Oct. 22.

If you haven't voted yet, consider checking out the candidates' websites, read their Q&A responses on our website (haliburtonecho.ca/election-2018) and listen to the meeting on Canoe FM's website or just pick up the phone and give them a call.

On Thursday, be sure to come out to the last of the all-candidates meetings when those running for mayor and deputy mayor of all four municipalities will be taking questions.

The meeting starts at 7 p.m. on Oct. 11 at the great hall in Fleming College, Haliburton.



jenn watt

Editorial

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View across Mountain Lake

by Darren Lum

A blessing for the day

IN 1990 I went on my first ever silent meditation retreat for a weekend at the Guelph Centre for Spirituality. I really had no idea how that weekend was the beginning of a new career and passion with these ancient practices of meditation, yoga and qigong.

I was invited by a friend and really only went because I was tired and looking for something to lift my spirits. I thought that meditation would be easy and make me feel good. Wow, I was wrong.

It was a very challenging weekend as my body ached in the seated meditation pose and my mind raced a million miles an hour. I felt like I was locked in a room with a raving lunatic as my mind wandered.

One thing I remember about that first retreat was when we were instructed to do walking meditations. There were 30 of us in a small room and we walked in our own line back and forth between two walls. I thought it was the silliest thing I had ever done, and was bored and frustrated and quite judgmental. But of course I was too polite to stop or leave. I just followed along.

Although the weekend was hard, I remember leaving the retreat on the Sunday afternoon and going back into the world and having this deep sense of awe. It was like I had double rainbow moments seeing everything fresh, so alive and new after being in silence and mostly stillness for 42 hours. I was hooked. Something inside of me felt different.

Fast forward almost 30 years and I've since been on numerous yoga, qigong and silent meditation retreats. I've had many great teachers and

stayed with the practices even when they have been hard or don't feel like they are doing anything. Every once in a while I have an "ah ha" moment and it inspires me to stay the course.

Last weekend my husband and I went to Algonquin Park to hike the Mizzy Lake trail. It is 11 km long and when we got to the trailhead we realized the trail was wet, slippery and had many exposed roots. It would be a challenging walk.

I took a deep breath and made the intention to walk slowly and mindfully. It would be an 11 km walking meditation. And I quietly told my husband my intention. We didn't want any broken ankles on our adventure.

And so we headed off and had such a beautiful day. We walked slowly and the gift of that is that we see things differently when we slow down and really pay attention. We were quiet, and at one point five spruce grouse joined us on

the path and walked with us. It was such a treat.

The 11 km passed easily and I realized as I walked that staying with the walking meditation practice for almost 30 years has given me the skills to slow down and be mindful and really present to the moment. To notice the beauty in the smallest of things.

Sometimes when life is just so darn hard it's all a person can do is go for a quiet, mindful walk. A short walk or a longer one.

The connection to nature is so good for the soul/sole. Fall is a perfect time of year to walk.

Henry D Thoreau says: "A walk in the morning is a blessing for the whole day."

Tales from
the great



lynda shadbolt

Green meadow

points of view

Model citizen

DESPITE ALL the evidence, there is still some debate in our house as to whether or not I am truly a professional underwear model.

Jenn argues that being given one complimentary pair of underwear does not make a person a professional underwear model – or even a gifted amateur for that matter.

She also insists that I stop introducing myself as one and ceasing all correspondence that ends with “Steve Galea, Professional Underwear Model.”

Needless to say, I disagree on both counts.

The facts are as follows. Two weeks ago, 3C Underwear, a high-end Canadian men’s underwear company, reached out to me and asked for my underwear size.

Unlike others on the internet, they asked so they could send me a pair of underwear that retails for \$37.95 – which, by the way, was the current estimated value of my entire underwear collection up till that point – and my last SUV.

Naturally, I was intrigued at the prospect of wearing the kind of underwear that I could use for collateral on a bank loan, so I emailed him all the relevant information.

Less than a week later, I received my new undergarment in the mail, which officially launched me into the exciting world of professional underwear modelling.

When I said this to Jenn she replied, “That’s not true. Now, for the love of all things holy, quit strutting around in your new underwear. And get inside!”

Clearly, she was making no sense. The founder of the underwear company in question, Paul, sent me a

personal letter inviting me to wear his underwear to evaluate them.

And, after I confirmed they were not actually his, I did so.

Let me just say the underwear he sent lived up to the hype. I am quite familiar with the feeling of sitting on a cloud, but this cloud was different.

For one thing, it wasn’t produced by last night’s chili. Instead, it was glorious.

As previously mentioned, Paul sent me underwear that retails for \$37.95, which is technically a payment, and factually more than I make for this column.

So, to recap, I am being paid to wear underwear. Sounds like my professional underwear modelling career is off to a great start, if you ask me.

Where it goes is anyone’s guess. Realistically though, I probably won’t make it big as a long john model.

Also, I’m not sure exactly sure where the most talked about and cutting edge underwear shows are: Paris, Milan, or Keswick on a Saturday night?

What I do know is I am ready.

To be completely honest, however, I’m really not sure underwear modelling is the right career path for me.

I mean, who wants to show the world their underwear without having had a few drinks and being double-dog dared to do so?

Sure, it sounds glamorous, but that’s only because nobody is thinking about the constant laundering you’d have to do between shows.

Also, in my relatively short experience, when you put on underwear that cost \$37.95 a pair you can’t help talking about it.

As a result, people begin to look at you like you are a show off and some don’t even want to be around you.

At least until you get back inside and put on a pair of pants.



steve
galea

Loon Tales



pic of the past

Vinton Loucks is shown in the early 1940s sitting on his binder, which is being pulled along by his team of horses at his farm located five miles from Minden. On his left are four members of his family: three boys and one girl. /From the *Echo* archives

Free resources to quit smoking

The Haliburton, Kawartha, Pine Ridge District Health Unit is promoting a series of free quit-smoking support programs coming this fall to Haliburton County, Northumberland County and the City of Kawartha Lakes. The Smoking Treatment for Ontario Patients (STOP) Program offers resources and five weeks of free nicotine patches to participants at no cost.

The Health Unit, in partnership with the Centre for Addiction and Mental Health, is running the a STOP session in Haliburton County on Wednesday, Oct. 24, at 10:30 a.m. in Wilberforce.

To see if you qualify for STOP, call the health

unit at 1-866-888-4577, ext. 2202.

Public health nurse Karen Taylor encourages people to sign up for the STOP Program to help them get on the road to tobacco-free living.

“Research shows that patches and other nicotine replacement therapy can increase the odds of people becoming smoke-free,” she says. “The fact that patches and quit-smoking resources are offered at no charge through STOP is just another reason to take part in the program. Quitting smoking is a great way to improve your own health and protect your loved ones from the harmful effects of tobacco.”

Have a thought,
comment or opinion
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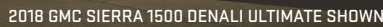
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Garden branches out to community

JENN WATT

Editor

After buying the old Victoria Street School in Haliburton in 2013, staff at Community Living Trent Highlands wanted to take the space already known and beloved by the local population and share it.

They began to think about how to use the large corner lot to bring community members in.

They started with a few garden plots. Community Living kept two for their clients, and the rest were open to anyone who wanted a place to grow their own food.

"People can come here and spend time and have their garden," said Teresa Jordan, CEO of Community Living Trent Highlands.

The program has been popular; all of the plots are used each year with a waiting list for new gardeners.

Last fall, United Way for City of Kawartha Lakes and Community Living held an event called a Day of Caring. People pitched in to build several more garden plots, some of them elevated off the ground to improve accessibility. They have also installed a walking path, built a fence to prevent deer and other critters from getting in, erected a small greenhouse and put up a gazebo.

On Friday, Oct. 5, representatives of several United Way member agencies came to check out the results of all the hard work.

Jordan estimates about \$5,000 was spent on the expansion with plenty of in-kind donations and volunteer labour.

Penny Barton Dyke, executive director of United Way for CKL, was at the event and pointed out that food security is one of the focuses of her organization.

More than 100 garden beds have been created in City of Kawartha Lakes through United Way, she said, including 18 at the United Way office. They've started a Veggies for Vets program and hope to approach the



Representatives from United Way member agencies came to check out the the community garden project at Community Living in Haliburton on Oct. 5. From left, Aaron Hill, United Way; Teresa Jordan, Community Living Trent Highlands; Jim DeFlorio, Big Brothers Big Sisters of Kawartha Lakes - Haliburton; Penny Barton Dyke, United Way for CKL; Julie Pearson, EarlyON; Dawn Hurd, Point in Time; Angela Stoner, United Way. /JENN WATT Staff

Legion branches in Haliburton County about putting in community gardens on-site.

Aside from their garden projects, United Way also funds children's programs through their LCBO "At the Till" campaign, which have raised nearly \$75,000 in three years. The money has been distributed to Food for Kids, Big Brothers Big Sisters, and EarlyON.

Their most recent campaign wrapped up on Oct. 7.

Barton Dyke said gardens help improve neighbourhoods and that in places they've been built, "often it's really united people" who become watchful of the sites.

A subgroup of United Way called Women United paid for the greenhouse, which will be made available to Community Living gardening groups.



Visitors chatted and wandered through the gardens at Community Living on Friday, Oct. 5 during a tour of the expansion. /JENN WATT Staff



Healthy Lakes contest winner

Nita Acker, centre, receives the ceremonial cheque for \$1,000 from Paul MacInnes, chair of the Coalition of Haliburton Property Owners' Associations, and Roxanne Casey, station manager of Canoe FM on Friday, Oct. 5 at the radio station. Acker's husband Gary was the winner of the cash prize from the Healthy Lakes Contest. The contest was organized by CHA, Canoe FM, the Haliburton Echo and Minden Times. The purpose of the contest was to give tips about how to keep local lakes clean. It was supported by many area businesses. /RON MURPHY Special to the Echo

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Retreat centre bringing mindfulness practice for mental health

DARREN LUM

Staff Reporter

Set against the backdrop of trees and surrounded by the song of birds, sits a 2,500-square-foot well-cared-for back-split bungalow. After the leaves fall in autumn, the property on Ridgeview Road has an expansive view of the northwest side of Haliburton.

The Mindful Way Meditation and Retreat Centre is where East meets West, an atmosphere cultivated by married couple Dr. Wanda Bowman Taylor and Max Marian Kalinowski.

This retreat, which offers sessions, training and retreats, is open to people of all faiths. Meditation is part of the sessions, but Buddhism isn't a prerequisite. Everyone needs help at some point and you don't have to be Buddhist to suffer, Taylor said.

"People are suffering and to find the easiest proper glide path into their own understanding of how to help themselves is the key. I think that's the most helpful to anybody. Give them tools that they understand that they can use rather than export some other way of doing things ... it's about translation, experientially understanding something," she said.

Kalinowski has been practising Zen Buddhism since the 1970s. Taylor is a retired psychiatrist with more than 20 years specializing in women's mental health. She has integrated mindfulness-based approaches in her work with women who have suffered from depression and anxiety. Her professional experience includes work at Centre for Addiction and Mental Health in Toronto. She said she started the first mental health clinic for women in Canada.



Married couple Dr. Wanda Bowman Taylor and Max Marian Kalinowski are inviting people with mental health issues to find respite at the Mindful Way Meditation and Retreat Centre in Haliburton. Both employ mindfulness for their own health and want to share their knowledge to benefit others. Taylor, who worked at CAMH, has more than 20 years in the mental health field as a psychiatrist. She wanted to provide a service to rural areas, which are often under-served. /DARREN LUM Staff

Taylor meditates daily and has attended retreats to keep up her own studies on the practice.

"People who are suffering just want to help themselves and it's psycho-educational model," she said.

Mindfulness is a tool to be used for mental health, as it helps an individual catch themselves before they fall into the "hole" of depression.

"Before they become exhausted. Before they become extremely angry or agitated. Really get it early so they can start employing the tools throughout the eight weeks in mindful-based cognitive therapy," she said. "The first tool, of course, is settle your mind. Calm the mind. And that's done through mindfulness breathing. Just being able to focus the mind on one object. In this case, the breath. It's easy to locate. Everyone has it. It's a moving target. You really have to concentrate. In so doing of course you'll see that the mind has a mind of its own. It's going to wander. If you're starting to get depressed what happens is you start to have these automatic negative thoughts. They're like pop-ups and if you stabilize that mind you'll be able to see them more readily and understand that you don't have to get drawn into those thoughts or get carried away by those thoughts."

The centre is operated with board members Gail Sauer, a naturopath, and Janie Riviere, who helps with administration and social media.

The centre obtained not-for-profit charitable status in 2009. The Haliburton location is the first centre for the co-founders, who believe in mindfulness to help anyone hurting.

"At some point in one's life we have to give back and establish something to give ourselves meaning. We were doing it ourselves so it was only a natural extension to open it up to others in a non-profitable way. That was important," Taylor said. "Mindfulness is such a buzz word now that it could be a commodity. We thought, 'no, it's not for sale.' It's that important to us. To be able to give it to people who want it, but cannot afford it."

Anyone who needs financial assistance can inquire with the centre.

She said there is a screening process,

which is in place to benefit everyone.

"It's not for everyone. We have to be careful ... [that] people aren't too depressed. It would be cruel to encourage somebody to concentrate when they can't sit still. When they are so agitated. In some cases medication might be indicated just to help the person to calm down enough that they can use mindfulness. Also, for people who have extreme psychosis that would not be an appropriate fit. When we meditate we regress. We do get in touch with a lot of unconscious processes," she said.

She said this also applies to people who have endured trauma, which comes out during meditation.

This is taken into consideration during the screening process. It isn't about exclusion so much as Taylor does not want to harm someone.

"I'm very careful because I appreciate what happens when you're meditating," she said.

Past participants continue to volunteer, helping where they can. Even Uxbridge residents will make the trip up to Haliburton to help at the centre.

"It's a family. It's a community," she said.

Bringing a centre like this to the Highlands was about bringing help to rural residents, who don't have the same access to mental health care as urban centres, she said.

"Woman were isolated and were not getting services at all so I did an outreach program for a few years to bring the expertise out to the rural communities. I see myself as continuing to do that," Taylor said.

She started with an outreach service where she lived in Uxbridge while working at CAMH in Toronto several years ago. More recently, she worked out of the Dharma Centre of Canada in Kinmount.

The Highlands' thriving and vibrant arts community was a selling point for the couple, which speaks to Kalinowski's work as a professional artist.

see SESSIONS page 11



Haliburton Community Housing Corporation (HCHC) Board of Directors is currently seeking an individual to serve as a director on the corporation's Board.

If you are a community minded individual and believe in the value of social housing please consider submitting an application to join our caring compliment.

The initial commitment will be for the balance of the term ending June 2020. The average commitment is approximately 2-4 hours per month.

Experience serving on a Board of a non-profit agency would be beneficial but is not a requirement.

If you would like to consider applying for this volunteer position please contact the Housing Manager, Silvia Davis at 705-457-9119 or send an email to silvia@haliburtonhousing.com.

Sessions open to women and couples for now

from page 10

Taylor is retired, but isn't done with providing people with a respite from mental pain.

Now she is where she always wanted to be.

As a young girl, Taylor loved her visits with her grandmother, who lived on a 350-acre lot in Gooderham.

She said it was her intention to live in the Highlands and to help others benefit from being mindful.

She remembers telling her husband to drive up Mountain Street to Ridgeview Road, based on a feeling deep within her. She's always paid attention to these feelings and it has charted her life's course.

Last May, they bought the house intended for the retreat and moved in July of 2017.

The couple also purchased their home on Redstone Lake the same year.

Even before she met her husband, he was practising Zen Buddhism. He joined the Zen Buddhist Centre in Warsaw, Poland during the late 1970s. Across the Atlantic, Taylor was doing her states of consciousness research at Stanford University.

"We were both into the same thing at the same time," she said.

They ended up practising together and now want to share the benefits they have experienced.

The Haliburton location features an office, which is used for assessments; a gathering space on the main floor, meditation hall on the lower level, which was renovated with a view of the woods. All the yoga mats and sitting cushions are provided.

Taylor, who has more than 20 years of experience treating women, said for now sessions are for women and couples.

Her expertise with working with women was part of the reason.

She hopes to expand her offerings for men in the future.

Taylor graduated from Mills College in Oakland, in the San Francisco Bay area in 1981. It was a short trip to the prestigious Stanford University where she did sleep research.

States of consciousness has been an interest of hers for much of her life. The area of exploring the mind started in India.

It has informed a lot of western thought, she adds.

Sleep disorders was a medical specialty for her and her master's degree focused on lucid dreaming. She's always thought of the question: How does the mind work?

"There was no real big epiphany or personal kind of thing that happened to me that made me want to do it except I've always been asking the questions: Why do we behave the way we behave? What makes humans, you know, human? The human condition is fascinating to me," she said. "How have we evolved, especially in terms of kindness because we don't need to evolve biologically anymore. We're evolving culturally. That's all been very interesting to me."

Taylor has been reaching out to various groups and has already partnered with the Abbey Retreat Centre and discussed giving a talk there. She hopes it can raise the profile of what she and her husband are doing.

Her vision for the centre is to provide a peaceful place for women.

"I would like to ultimately have it to be a place of rest. A peaceful abiding for women and [those] who are really suffering. A place to connect with themselves in a meaningful way, in a healing way," she said.

She hopes it can also provide the kind

of comfort to women so they want to return after their initial sessions.

"Keep up their practice because mindfulness is something that you do need to

do often to keep the benefits ... so when you finish an eight-week segment it's important to come back. So, I'd like to make it a welcoming place that women

want to come back for those maintenance sessions."

For more information see www.mindfulway.org.



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sports



The Red Hawks varsity rugby team celebrate their 17-12 win over the visiting Adam Scott Lions during their home opener on Tuesday, Oct. 2 at the Gary G. Brohman Athletic Field in Haliburton. The team had reason to celebrate, winning their first of the Kawartha High School Rugby League season, coming off two consecutive losses on the road to start the season./DARREN LUM Staff

Red Hawks jubilant, edging out Adam Scott in home opener

DARREN LUM

Staff Reporter

In contrast to the light rain and the grey, overcast sky, the Red Hawks varsity rugby players beamed with great smiles, radiating with emotion. They laughed and embraced one another, jumping up and down after the 17-12 win on Tuesday, Oct. 2 at the Gary G. Brohman Athletic Field in Haliburton against the visiting Lions of Adam Scott.

Coach Alexis David was excited and couldn't have been prouder of the girls, which as a group (with the exception of two seniors) haven't won any games before.

"I think it gave them confidence. Moving forward it will motivate them to stay confident and know they can do it. I think a lot of times they hesitate. It's a new game. It's an aggressive game and so they hesitate not knowing if they're doing things right and I think today gave them that confidence and reassured them that they're doing things right. Their dedication to the sport is paying off," she said.

Against the Lions the Hawks had led for much of the game, carrying a 17-0 lead into the half.

Tries were scored by Chloe Samson, Charlotte Paton and Senna Marra. A convert was kicked successfully by Kailynn Sikma.

Although Lions scored a pair of tries late in the game, the Hawks hung on for the 17-12 win.

David said the team gave up the late tries because of fatigue, but rallied in the end.

"We started running out of gas. The girls realized they were running out of gas and they brought it back together for those last five minutes ... missing a few key tackles, but it didn't ruin them. They came back and they still realized they were running out of gas and they needed to [get] together and motivate each other to finish those last couple minutes strong," she said.

Hard work for the team has definitely paid off, she said.

Since the first day of school, the team has held close to seven practices a week, five at 7 a.m. and/or after school and this doesn't even include the informal workouts in the summer.

Team unity is a major component to this team's cohe-



The Red Hawks varsity rugby team gather in a circle listening to their coach Alexis David following their 17-12 win over the visiting Adam Scott Lions during their home opener on Tuesday, Oct. 2 at the Gary G. Brohman Athletic Field in Haliburton./DARREN LUM Staff

siveness.

Before the Lions game the team held a pasta dinner at a member's home, which included group activities to foster team unity. This past Wednesday the team also came together for a team after school run to honour Terry Fox since many on the roster couldn't run during the school event due to organizing.

The team's coaching staff includes co-coach Carson MacDonald, who has been with the team for several years, and assistant Brianne Pockett.

David said after this win she is confident in her pre-season prediction this team will finish the regular season in the top four.

"These girls have all the potential to make it to the top four based on how they played today. They were hitting hard and hitting well – they were hitting low. There weren't a lot of high tackles and I think if they come out on the field their next couple of games the way they did today they have a really good shot at coming making that top four playoffs," she said.

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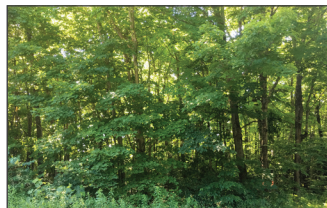
- Building lot in area of newer homes
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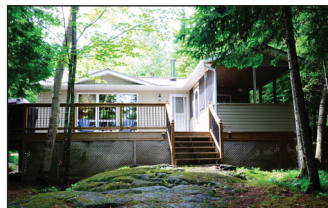
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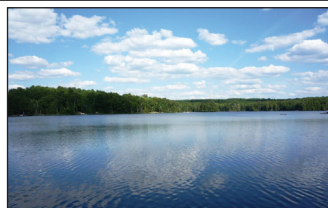
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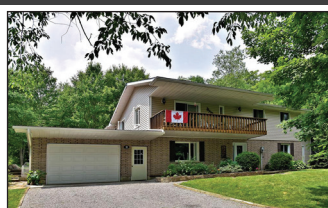
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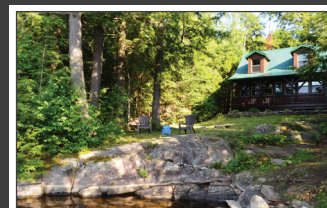
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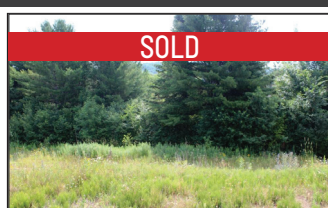
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Hawks halt Hurricanes, earn first point

DARREN LUM
Staff Reporter

The Red Hawks varsity field hockey team earned a hard fought 0-0 draw with the visiting Holy Cross Hurricanes on Thursday, Oct. 4 at the Gary G. Brohman Athletic Field in Haliburton.

The teams each earned their first

points of the Kawartha High School Field Hockey League season. This was the first of a back-to-back with the Hurricanes, who will host the red and white on Tuesday, Oct. 9. The Hawks and Hurricanes are tied for fourth place, looking for their first victories with two games left in the season.

Haliburton will play their last game at home against the second place (as of Fri-

day, Oct. 5 with 3-1-0 record) Crestwood Mustangs. Game start is 2 p.m.

Coach Steve Smith appreciated his team's efforts and their steady improvement, particularly how they've worked hard at defence, which resulted in the shutout on Thursday.

"One step forward. No steps back so it's all good," he said.

However, there were a few areas the team can concentrate on to move forward with their process.

"We still need to move the ball to our strong side. They still want to go to their weak side, which we encourage them to go to their strong side. It's their right side. We still need to work on that. We still need to work on some small fundamental things in and around our defensive end," he said.

Sharing the goalkeeping duties Thursday was Danaya MacDuff, who played the first half, and Daniella Rivard, who

closed out the game to finish the shutout.

Although this year's Red Hawks field hockey team has yet to find its first victory, it's of little concern for Smith, as he focuses on efforts for development and preparation for the Kawartha Championship playoffs.

This doesn't discount the approach to each game.

He is quick to point out the team is always looking to win each regular season game they play.

"We don't come out here to lose. Every [game] we come into we want to win," he said, pointing at his black T-shirt with white writing: Some attempt. Others try ... we do.

He reiterated his message given in the home opener that the team will work towards the Kawartha Championship playoffs.

"That's when rubber meets the road," he said.

Crossword brought to you by

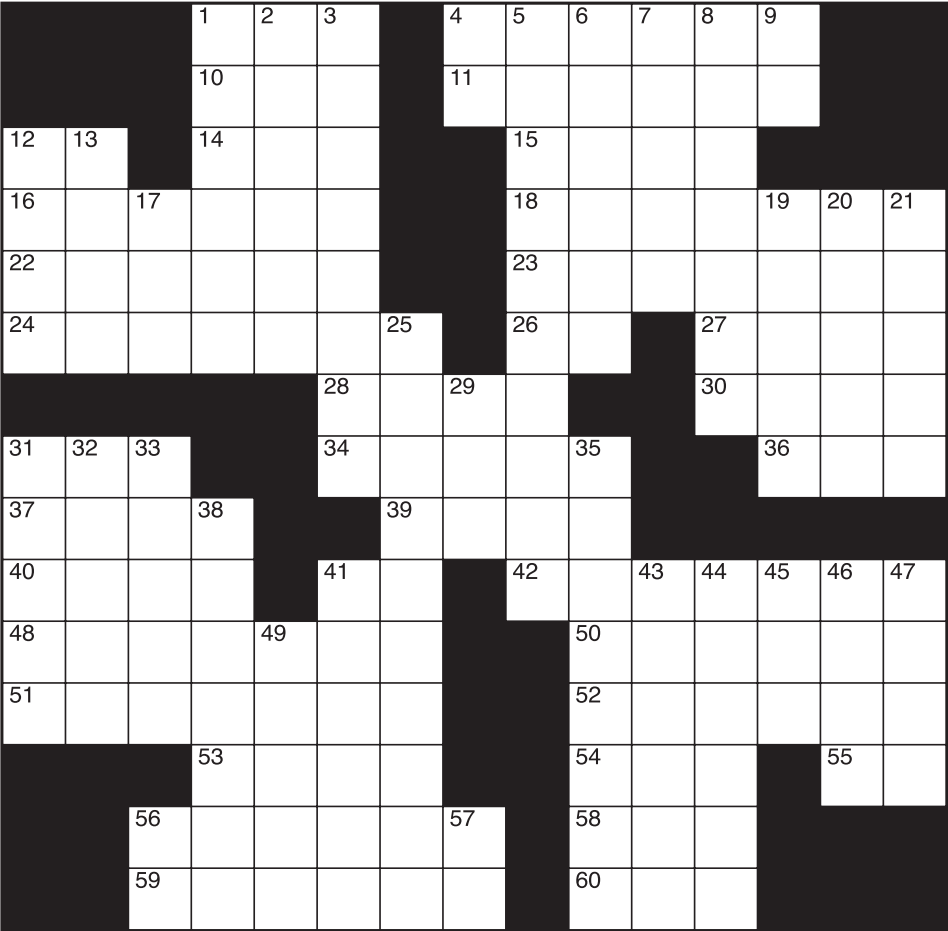


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- CLUES ACROSS

 - 1. Type of cleaner (abbr.)
 - 4. Going out
 - 10. __ Jima, WWII battle-field
 - 11. Closed
 - 12. Air Force
 - 14. Moved swiftly
 - 15. Will not (obsolete)
 - 16. Type of tank
 - 18. Raise
 - 22. Represent
 - 23. Gives a new moniker
 - 24. Adversary
 - 26. Anno Domini
 - 27. Lillian __, actress
 - 28. Bunch of something
 - 30. This (Spanish)
 - 31. A guitarist uses one
 - 34. Small stem bearing leaves
 - 36. Soviet Socialist Republic
 - 37. Actress Rooney
 - 39. Dark brown or black
 - 40. Matter
 - 41. Atomic number 87 (abbr.)
- 42. Food company
 - 48. Trips to see wildlife
 - 50. Elderly
 - 51. Famed chapel
 - 52. Something to grab
 - 53. City in Oklahoma
 - 54. Muckraking journalist
 - 55. Thallium
 - 56. Corroded
 - 58. A Brooklyn NBAer
 - 59. Most liberated
 - 60. Google certification (abbr.)

CLUES DOWN

 - 1. High moral behavior
 - 2. Expects
 - 3. Fanciful notions
 - 4. Spanish be
 - 5. All the people of approximately the same age
 - 6. Berated
 - 7. Trailblazing comedienne
 - 8. Fabric edge
 - 9. South Dakota
 - 12. Amazon ID number
- 13. A wife (law)
 - 17. Printing speed measurement
 - 19. Wrong
 - 20. Exams
 - 21. Outlying suburb of London
 - 25. Replaces
 - 29. Prints money
 - 31. Accumulate
 - 32. New Zealand conifer
 - 33. College teachers
 - 35. A way of grating
 - 38. Novice
 - 41. Having limits
 - 43. Shining with jewels or sequins
 - 44. Existing at birth but not hereditary
 - 45. __ Caesar, comedian
 - 46. A young male horse under the age of four
 - 47. Russian industrial city
 - 49. Wash off
 - 56. Radio frequency
 - 57. Delirium tremens

Answers on page 18



Red Hawks varsity player Mikayla O'Neill pushes the ball to the Holy Cross Hurricanes goalkeeper in Kawartha High School Field Hockey League action on Thursday, Oct. 4 at the Gary G. Brohman Athletic Field in Haliburton. The game ended in a 0-0 draw, earning the Hawks and the visiting Hurricanes their first points of the season./DARREN LUM Staff

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Reduced LCBO hours due to review of customer traffic

from page 1

decision.

"In my opinion [it's] just another nail in the coffin as far as I'm concerned, for forcing people out of town to do their shopping," she told council. "If the stores close, people are going to head out of town and they're going to take the rest of their business with them, and it's just the bank all over again."

Scotiabank's branches in Wilberforce and Maynooth closed in early 2017. The municipality contacted the local MP and MPP to find a solution to the closure at that time,

but without success. At that time, the community argued that business would be lost in the area when people left for their banking needs elsewhere.

"As a Crown corporation, all decisions regarding LCBO's store network are made only after a thorough review and careful considerations," an LCBO spokesperson told the *Echo* via email. "The reduced hours in Wilberforce and Gooderham are part of the seasonal review of retail operations across the province that considers in-store sales and customer traffic. We will continue to provide a great shopping experience in both stores as well as on lcbo.com for our customers affected

by the reduced hours, including ensuring that the stores, located approximately 15 minutes apart, are not closed on the same day."

The LCBO spokesperson noted the change in hours come into effect "following Thanksgiving weekend."

In the delegation to council, Nottage said: "it's not like people from Wilberforce are going to Gooderham, they're going to go to Haliburton or Bancroft..."

Council agreed to a letter, with Mayor Dave Burton adding it could be sent to Premier Ford, MP Jamie Schmale and MPP Laurie Scott as well.

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MARKETING**

OCTOBER 15, 2018
1:00 PM
HCDC OFFICE OR ONLINE

FEATURING:
JOHN LEPORE
DIGITAL MARKETING
CONSULTANT

October 15, 2018
7:00 - 9:00 PM
Fenelon Falls Curling Club
41 Bond Street West, Fenelon Falls, Ontario

Hosted in partnership with five area Chambers, the Ontario Chamber of Commerce and WSIB, this is a great opportunity to network with some new faces while you learn about the current trends and strategies around Mental Health in the workplace.

**GETTING THE MOST
OUT OF YOUR
EMPLOYEES**

OCTOBER 16, 2018
12:00 PM
CHAMBER BOARDROOM

FEATURING:
GREG OSTRYHON
MANAGEMENT COACH
AND CONSULTANT

**ROADMAP TO
FINANCIAL
SUCCESS**

OCTOBER 18, 2018
12:00 PM
CHAMBER BOARDROOM

FEATURING:
KYLE BREWER
OF K. BREWER
FINANCIAL

**WEBSITE
ACCESSIBILITY**

OCTOBER 19, 2018
12:00 PM
CHAMBER BOARDROOM

FEATURING:
LORAN UPTON
DIGITAL MARKETING
EXPERT

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UPCOMING
**Community
Events**

Want to get your event in Community
Calendar? It's free! Contact Pat at
classifieds@haliburtonpress.com

**Open House: Special Olympics teams,
the Red Wolves**

When: Saturday Oct. 13, from 10 a.m. to 1 p.m.
Where: Haliburton Library and the Minden Legion
Come find out about us.

Maple Lake United Church, Harvest Dinner

When: Saturday, Oct. 13, 5:30 p.m.
Cost: \$20
Reservations are recommended. Call Marrie Barry at 705-754-2258 or Beverly Upton at 705-286-2130

Facebook 101

When: Monday, Oct. 15, 11:30 a.m. to 12:30 p.m.
Location: HCDC Boardroom
Cost: Free
Overview: This workshop, co-hosted with the Haliburton County Development Corporation, will provide participants with a step-by-step guide on how to create and operate a Facebook page for their business, including posting, updating, growing, and reviewing the growth and success of the pages using Facebook analytics. Space will be extremely limited. Participants are expected to bring their own laptops to participate and are welcome to stay after the workshop to take part in a webinar about social media marketing.

Webinar: Social Media Marketing

When: Monday, Oct. 15, 1 to 2 p.m.
Location: HCDC Boardroom & Online
Cost: Free
Overview: This seminar will provide participants with an overview of all social media platforms, including facebook, Instagram, twitter, pinterest, google plus, and youtube. There will be a focus on digital marketing strategies for each platform, as well as a review of the pros and cons of each so that participants can decide which would best fit the needs of their businesses. There will also be a review of the Constant Contact email marketing platform.

Haliburton: Food Handler Course

When: Tuesday, Oct. 16, 9 a.m. to 4 p.m.
Where: Health Unit office (191 Highland St., Unit 301) in Haliburton.
This course teaches participants how to handle and prepare food safely. Upon successful completion, participants receive a certificate (valid for a period of five years) indicating they are registered as a certified food handler. Cost is \$40 per person. For more information and to confirm space availability, call the Health Unit at 1-866-888-4577.

Seminar: How to get the Most out of Your Employees

When: Tuesday, Oct. 16, 12 to 1 p.m.
Location: Haliburton Highlands Chamber of Commerce Boardroom
Cost: Free for Haliburton Highlands Chamber of Commerce members, \$10 for non-members
Overview: This seminar will provide participants with some innovative ideas to help owners and managers to increase productivity, reduce employee turnover, and increase profits for your business. Participants will leave with high-level tools and strategies they can apply to their businesses to allow for happier, more productive employees and a more smoothly-run enterprise.

Shout Sister concert

When: Thursday, Oct. 18, 7:30 p.m.
Where: Lochlin United Church, 1050 Lochlin Rd. (off Gelert Road)
Admission by donation. Refreshments following. A fundraiser for the church.

CFUW: Speaker - Melanie Aldom - Volunteer Dental Outreach

When: Thursday, Oct. 18, 7 to 9 p.m.
Where: Haliburton School of Art + Design, Fleming College, Great Hall
Melanie Aldom of Volunteer Dental Outreach for Haliburton County will be speaking. The VDO is an inspirational example of community actions solving gaps in our health care and social care service systems. The presentation will be from 7-8 p.m. followed by light refreshments where there will be an opportunity to chat with the speaker. You are welcome to join Canadian Federation of University Women members if you are a woman who is not yet a member of CFUW but are considering joining. There will be a short business meeting after. Cost: Free



**Charity tournament
donates to
food bank**

Kim Henry, left, and Brianne Pockett with daughter Gracie, 8, presented four boxes of food and \$2,817 to the Haliburton food bank's treasurer and manager Judy MacDuff on Tuesday, Oct. 2 at the 4Cs on York Street. Henry and Pockett made the donation from their autumn softball tournament held over two days from Sept. 28 to 29 at the West Guilford ball diamond. Money was raised from team registration, barbecue sales and a raffle (with great support from Haliburton Foodland and the West Guilford Shopping Centre). Last year, the Fall Ball Charity Classic donated to the West Guilford Recreation Centre. MacDuff was amazed at the generosity, which will help with food bank's 200 clients. /DARREN LUM Staff



St. George's Anglican Church raised \$3,000 with their barbecue roast beef dinner last month, which they split between two organizations helping young people in the county: Haliburton County Youth Hub (Youth Wellness Hubs Ontario) and Food for Kids. From left, Rev. Ken McClure, rector's warden Jenny Rieger, people's warden Louise Sisson, Food for Kids community development co-ordinator Aaron Walker, youth advisor Malia, Point in Time youth engagement worker Mary Sisson, and youth advisor Joey. The two organizations received \$1,500 each. /JENN WATT Staff

**St. George's fundraiser benefits
two youth organizations**

JENN WATT

Editor

St. George's Anglican Church wanted to support youth of Haliburton County with the proceeds from this year's barbecue roast beef dinner.

With 138 paying customers and 30 volunteers, the event on Sept. 29 raised \$3,000, which the advisory board decided to divide evenly between Food for Kids and Haliburton County Youth Hub (Youth Wellness Hubs Ontario).

Youth advisors Malia and Joey along with youth engagement staff member Mary Sisson came to St. George's Church to receive the \$1,500 cheque on Thursday, Oct. 4.

The youth hub representatives said donations are needed for renovations to the space, which is the former Lighthouse Church in Haliburton. They need money as well as donations from local contractors or other professionals who could help with revamping the space.

Currently they're focusing on getting the upstairs space ready, which includes accessibility upgrades.

They estimated the flooring alone will cost \$10,000 between labour and materials.

Young people need a place to go where they can gather and relax, said Louise Sisson, people's warden at St. George's.

"I think it's important. You need your own space," she said to Malia and Joey.

Aaron Walker, community development co-ordinator for Food for Kids, said he was happy that his organiza-

tion had been partnered with the youth hub in this donation. Food for Kids serves a nutritional need, while the youth hub will help young people from a social capacity.

The \$1,500 cheque is the equivalent of one month of food for students at J.D. Hodgson Elementary School, he said.

CROSSWORD ANSWERS

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BIG NEWS

400 EMPLOYMENT OPPORTUNITY

400 EMPLOYMENT OPPORTUNITY

Hyland Ice is looking for an Office Assistant. Location: Highland East. Full time during the peak summer season and part time during the off season. Skill Requirements: Excellent customer service skills. Ability to work in a team and independently. Ability to work under pressure in a high demand environment. Strong computer skills. Ability to problem solve and prioritize. Details: Handle incoming calls/customer enquires. General office duties as required. Some weekend work during the summer. How to Apply: Forward email to Kemcroft Enterprises Ltd. **info@hylandice.com**. Only those considered will be contacted.

Douglas C Hatch Legion Branch 624

is looking for Bar Stewards.
Work is part time through the week/weekend covering the bar & performing light housekeeping duties.
Requires smart serve and police check.
If you want to come and be a part of a positive team please send resume to **rcl624@bellnet.ca** or drop in to the branch we open @ 2p.m. Phone 705-448-2221

CANADA POST POSTES CANADA

Minden Post Office
is currently seeking tenders
for the following contracts:

***Snow Removal:**
To start Nov. 1, 2018
Submission cut off date,
Oct. 12, 2018

***Office Cleaning Services:**
To start Dec. 1, 2018
Submission cut off date,
Oct. 26, 2018

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CANADA POST POSTES CANADA

Kinmount Post Office
is currently seeking tenders
for the following contracts:

***Snow Removal:**
To start Nov. 1, 2018
Submission cut off date,
Oct. 19, 2018

***Office Cleaning Services:**
To start Jan. 1, 2019
Submission cut off date,
Nov. 2, 2018

Specifications may be picked up
at the Post Office located at
4078 Cty Rd. 121, Kinmount

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MUNICIPAL BUILDING INSPECTOR

The Municipality of Dysart et al invites you to apply for the full-time, permanent position of Building Inspector.

The ideal candidate will possess practical knowledge and experience in the construction trades and will be qualified or willing to undertake necessary training and successfully complete required Provincial exams to achieve those qualifications.

A detailed job description is available at <http://www.dysartet.al.ca/portfolio-view/contract-and-employment-opportunities/> for your review.

If you are intrigued by this opportunity, please submit a resume and cover letter, by email, no later than noon on October 19th, 2018 to info@dysartet.al.ca.

We thank all those who apply, but only those selected for an interview will be contacted. Accommodations for applicants with disabilities will be provided upon request. The Municipality of Dysart et al is an equal opportunity employer. Personal information is collected in accordance with the Municipal Freedom of Information and Protection of Privacy Act and will be used only for employment purposes.



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640 IN MEMORIAM

Tarleton, Shirley
In Loving memory of a dear wife & mom who passed away October 13, 2016
"As time unfolds another year, Memories keep you ever near. Silent thoughts of times together, Hold memories that will last forever."
Forever loved & Sadly missed by Husband Bill & Daughter Cheryl

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640 IN MEMORIAM

In Memory of Crystal Bain
Who passed away on October 12, 2008
Ten years of sorrow & sadness and the pain is lessening.
Time is a healer but we still miss you so much. Peace and harmony in our household. Keep the children safe and secure.
Our lives go on with strength from God and support from family and friends.
Loving you always Missing you forever
Mom and Dad, Tannis and Trevin

640 IN MEMORIAM

In Memory of our Mother Evelyn M. Buffett
March 1, 1922 - October 9, 2017
"We thought of you today But that is nothing new We thought of you yesterday and all the days before that We think of you in silence And we often speak your name now all we have is Memories A Keepsake to be sure God has you in his keeping And We have you in our Hearts"
Loving and missing you always Gary, Rosalind, Scott and Family

650 OBITUARIES

HALIBURTON Community FUNERAL HOME

Donald 'Don' Ruddell
(Resident of Wilberforce, Ontario)

Peacefully at Haliburton Hospital on Thursday morning, October 4, 2018 in his 91st year. Beloved husband of Jean Ruddell (nee Freeborn). Loving father of Margie, Janet (Larry Moore) and Jim (Cindy). Loving grandfather of Kevin, Julie (Bob), Jamie (Marisa), Jake and by his great grandchildren Paige, Nolan and Reid. Predeceased by sister Margaret. Also lovingly remembered by many nieces and nephews. Don worked in the Tanning Industry for many years as an Inspector. He enjoyed fishing and hunting and most of all his family.

Visitation, Celebration of Life & Reception
Friends are invited to call at the **HALIBURTON COMMUNITY FUNERAL HOME** 13523 Hwy. #118 Haliburton, Ontario (705) 457-9209 on Friday morning, October 19, 2018 at 11 o'clock. (Visitation one hour prior). Interment South Wilberforce Cemetery. As expressions of sympathy, donations to Alzheimer's Society or the Haliburton Highlands Health Services Foundation would be appreciated by the family.

www.communityfuneralhomes.com

650 OBITUARIES

Stuart Charles Wilson
Passed away at his home in Tucson, Arizona on September 11 2018, after fighting cancer. He was in his 90th year.

Beloved husband and ministry partner of Jackie (nee Wilson) for almost 67 years and dear father to Sharon (Ewen) Mackenzie, Linda (Gord) Kreick, Paul (Theresa) Wilson and Peter (Kerry) Wilson. Stu had 10 grandchildren and 18 great grandchildren.

Stu and Jackie lived in the highlands in the 1950s through to the 1980s and were the founders of Medeba in West Guilford in 1952. They also served in the ministry of the West Guilford Gospel Chapel. Stu and Jackie have lived in Tucson, Arizona since 1981 with frequent trips to Ontario to visit family and to spend time at Medeba up until the summer of 2017.

Stu will be remembered by many as a man who had a deeply committed relationship with God and who demonstrated a pastor's heart with people. The passion of his life was sharing Jesus with everyone.

All are welcome to join Jackie and the family for a Celebration of Life Service at Medeba in Mountain Lodge on October 14, 2018, at 3:30 p.m. (please do not arrive before 3:00 p.m.). A reception and refreshments will be held directly following the service. Medeba location is - 1270 Kennis Lake Road, West Guilford.

The family has requested that memorial donations be made to one of the following ministries that Stu was passionate about.
Medeba - medeba.com, Vela Ministries - velaministries.org, Corazón Ministries - corazonministries.org.

Haliburton County Homecoming Weekend promises action for everyone

The big weekend has finally arrived and people from all parts of Ontario will be heading to Haliburton County this Friday, Saturday and Sunday, September 27-28-29 for what we expect will be a time that will long be remembered. There will be plenty of action and entertainment to suit everyone's taste as there will be big goings on at three places in the county namely, Wilberforce, Haliburton and the Stanhope airport at Maple Lake. What an opportunity it will be for everyone to come back and see the Highlands in living color.

HALIBURTON COUNTY ECHO

"The voice of the Highlands."

THURSDAY, SEPTEMBER 26, 1974.

24 Pages

15 cents

Catherine McKinnon headlines Festacolor program



Catherine McKinnon

In Haliburton the Rotary Club are going all out to bring you Festacolor and are inviting you to come and see Haliburton Village in living colour on Saturday, September 28th. The Rotary club with co-chairmen David Bishop and Rick Poole have done an outstanding job along with the other members in lining up a full day of great attractions from start to finish. The club has spent a great deal of money in an effort to bring you an outstanding day of entertainment.

The big event will all begin around noon hour when the Chefs will be starting to prepare the Beef Bar-B-Q and at 1:00 p.m. the Beer garden will open with live entertainment throughout the afternoon.

At 2:00 p.m. a large crowd is

expected to gather at the site near the first crossing on the High School property for the Dedication of CF-100 Aircraft. Coming here for the dedication ceremony will be Lieut Col Neil Russell, commander of 436 squadron based at Trenton, Ontario. Lieut Col Russell is the son of Mr and Mrs Sinclair Russell of Carnarvon. Following the dedication a parade will line up in front of the aircraft and will proceed to Haliburton's main street and then to the fairgrounds for a massed Pipes and Drums display. The parade will feature at least four pipe bands and possibly two more. Pipe bands taking part will be from Uxbridge, Lindsay, and our own Haliburton Legion Pipe band.

In the evening under the lights at the Haliburton ball park one of the main attractions of the day will take place when teams of horses from all over Ontario will be here to take part in the horse drawing contest. These contests have proven to be very popular wherever they are held and we are looking forward to a big one here.

In the Arena in the evening you will have to admit that when it

comes to entertainment it's here that you are going to see it. Catherine McKinnon, well-known C.B.C. and Global TV star, will be headlining an outstanding show along with The Jean Anderson Dancers, Billy Meek (Pig N' Whistle Show), Stan Hamilton and the Flying Scotsman Orchestra.

To top off this outstanding array of talent another big name has been added. It is none other than Edward Gyurki the North American Fiddle Champion who once again this year, for the fifth time, won the Old Tyme Fiddle Championship held at Shelburne. He will be here along with the Catherine McKinnon show through the courtesy of Boice Motor Sales Limited of Haliburton which is picking up the tab. Advance tickets for the show are on sale at Poole's Laurentian Variety and Elstone Motor Sales Limited or from any member of the Rotary Club.

During the afternoon everyone will be awaiting the arrival of the color special train with about 600 passengers aboard which will be coming from Toronto and arriving in Haliburton and the people on the train will be here to join in the festivities of Festacolor.

Tennis stars compete at Rotary club courts

The Haliburton Rotary Club are delighted to announce the official opening of their spanking new courts at Rotary Beach will take place during the Festacolor weekend. Through the efforts of Don Fontana, Canada's Mr Tennis, we will be fortunate to have two of Canada's top tennis players on hand to provide not only a clinic for all tennis players, but also three exciting top notch matches for all to come and see.

The action will get underway at the courts starting on Saturday morning at 11 a.m. when our four guest players will host a clinic for all those interested in learning some of the finer points of the game. This will be followed by a Junior Ladies Singles Match between Candy Senn and Pam Gollish of the Toronto Lawn Tennis Club who held number four and number two rankings respectively in Canadian Junior Ladies for 1973.

The Next match will feature John Sharpe and Keith Carpenter in a Men's Singles Match. Mr Sharpe has represented Canada at the Davis Cup for three years. Mr. Carpenter was the Canadian National Singles Champion for 1973 and is the reigning Doubles Champion for Canada. He has been on the Davis Cup team for Canada for seven years Both Mr Sharpe and Mr Carpenter have represented Canada at Wimbledon and Forest Hills on numerous occasions and are two of the best players in Canada today.

The Master of Ceremonies for the occasion will be the prominent Radio and Television personality Steve Douglas, who will handle the

official opening at approximately 12:45 p.m. along with local dignitaries. After this ceremony an exciting Mixed Doubles Match between our visiting players will take place. These matches should prove most interesting to all tennis buffs and informative to those just starting out at this popular sport. The Haliburton Rotary Club and Wig-a-Mog Inn are co-sponsoring the appearance of the tennis stars and hope that it will be enjoyed by everyone.

Lynn Jones featured at ball

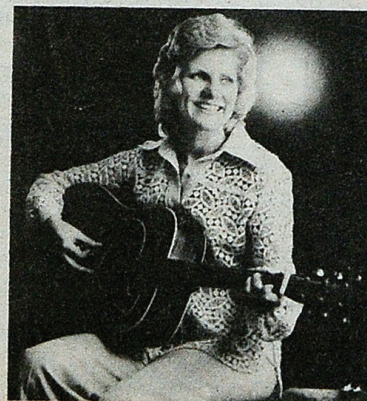
Those energetic Wilberforce Firemen as usual will be going all out to add to the homecoming weekend festivities when they will be holding their Firemen's Centennial Fall Ball at the Wilberforce Arena this Saturday night, September 28th, 1974.

The big dance will start at 9:00 P.M. and will go on until 1:00 a.m. The dance will feature RCA Recording artist Lynn Jones and the North Country group.

Lynn Jones and North Country are regular artists on the George Hamilton IV TV Show. They will really be worth listening and dancing to.

The Arena will be heated for the big event and it will be licensed and restricted to persons 18 years and over. Admission is \$5.00 per couple

and \$3.00 single. So come on over to Wilberforce on Saturday night and join in the fun.



Lynn Jones

Aerobatic team will perform

Stanhope plans Colour Fly-in

On Sunday, September 29, Stanhope Airport will afford an

opportunity for the entire population of Haliburton County to view the Carling Aerobatic Team doing their thrilling precision flying in their Pitts 2SA Special Aircraft. Also scheduled for this Centennial Colour Fly-In is the Export A Balloon, powered by hot air, which will be tethered on the field for people to view closely. The Export A Motor Home will be on hand with a mobile concession stand for the selling of their product, proceeds of which will be given to a charitable organization.

There will be sky-diving once again, performed by the Taylor Parachute Team of Toronto.

The Ministry of Natural Resources will perform another very interesting manoeuvre when they demonstrate their canny ability to extinguish forest fires by the use of water-bombing - a method by which

see Centennial colour Fly-in page two



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KASHAGAWIGAMOG LAKE



Year round access, main cottage with 2 levels of living space & small finished loft plus a 2 storey guest cabin. Nearly 2 acres with 164 ft of prime frontage, great for swimming, deep off the dock.
\$650,000

LOG HOME ON 92 ACRES



Rustic charming 2 storey. Main floor living area, wood cookstove, laundry/ 2pc, 2nd sty bedrms & 4pc. 3 Bay garage. Waterfalls & pond. Privacy, nature & wildlife galore! This is country living!
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FANTASTIC INCOME PROPERTY



Located between Haliburton & Minden Refreshed, upgraded, well maintained, solid rental history, landscaped. Desirable location at the junction of Soyers & Kash Lakes. Dock the boat at the Marina & enjoy fishing & boating the 5 lake chain. Largest unit has 3 BR, so live there quite comfortably and collect rent from the rest of the units!
\$388,000

CANNING LAKE PANABODE



4 bedroom cottage on the 5 Lake Chain. Southwest exposure, sand beach and level lot, 3.8 acres! Recently updated kitchen, open concept living.
\$869,000

GULL RIVER HOME



Spacious modern home with full finished lower level. Wraparound deck, terraced landscaped lot to pretty riverfront with dock and access to 3 lake chain.
\$429,900

KASHAGAWIGAMOG LAKE



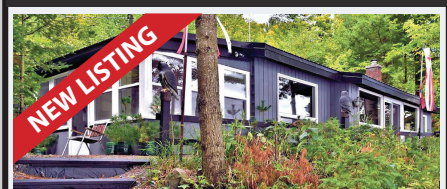
Step across the road to your dock on Kash Lake from this brick & wood home. Over 7 acres, lake view from covered deck, dbl att garage & full basement.
\$445,000

EAGLE LAKE



Traditional winterized 3 BR cottage with walkout lower level & a cute bunkie! Spectacular view from inside and outside. Beautiful waterfront & dock to enjoy. Close to village conveniences & Sir Sams skiing.
\$445,000

PAUDASH LAKE PERFECT



Perfect year-round, turn key family cottage or home. Large lake, private 4 BR, 2 Bath sits at water's edge. Hard sand beach, use of 30 Ac forest across the road. Sunroom, southern view, great rentability, many upgrades & meticulously cared for.
\$649,000

GRASS LAKE, HALIBURTON COTTAGE



Village Convenience-Country Charm! Cozy turnkey 2BR cottage plus cute log-look Bunkie! Open concept, pine finish, woodstove. Beautiful west exposure & view. Steps to waterfront, sitting deck and dock. Lake water & septic.
\$459,900



CARNARVON HOME



Enjoy waterfront living on peaceful Mirror Lake. 3BR 4PC bath home with full basement & walkout to the lakeside. FAO Heat, stone woodburning fireplace and a lower level woodstove keep it toasty warm. Sunroom, 2 decks, pretty & convenient location.
\$289,000

VACANT LAND

Twist Lane, 1/2 Ac Lot.....\$25,000
North Shore Rd Lot, 2.8 Ac\$49,000
Wigamog Road, 1 Acre\$49,900
Cty Rd 21, 44 Acres \$375,000
Cty Rd 21, 88 Acres \$525,000



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RE/MAX
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Kashagawigamog Lake



\$1,249,000

2800 sf custom designed Viceroy. 3bdm waterfront home or cottage. Spacious loft & custom copper fp. Dbl att & insul garage. Perfectly level lot, sunset west exposure & excellent sand beach. 5 minutes to town by boat or car.